

**ITEM #:24724**  
**BLOUNT SIDES**

Case UPC: 00077958247245  
 Item UPC: N/A



**[FROZEN]**

**Organic Creamed Kale & Spinach**

Sautéed kale and spinach, with mushrooms and onions simmered in rich cream sauce.

**VEGETARIAN - GLUTEN FREE - LOW FAT - ORGANIC**

**Nutrition Facts**

Serving Size 4 oz (113g)

**Amount Per Serving**

**Calories** 60      Calories from Fat 25

**% Daily Value\***

**Total Fat** 3g      **5%**

Saturated Fat 2g      **10%**

Trans Fat 0g

**Cholesterol** 10mg      **3%**

**Sodium** 280mg      **12%**

**Total Carbohydrate** 7g      **2%**

Dietary Fiber 2g      **8%**

Sugars 2g

**Protein** 3g

Vitamin A 100%      •      Vitamin C 30%

Calcium 10%      •      Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet.

**INGREDIENTS:** Kale\*, Spinach\*, Whole Milk\* (Milk\*, Vitamin D), Water, Mushrooms\*, Onions\*, Corn Starch\*, Butter\* (Sweet Cream\*, Sea Salt), Garlic\*, Sea Salt and Spices\*.

\*Organic Ingredient

**CONTAINS:** Milk

**Case Configuration:**

Case Pack: 4/4lb bags  
 Net Weight: 16 lb  
 Gross Weight: 17.5 lb  
 Case Cube: 0.43

**Pallet Information**

HI/TL: 5/18  
 Cases per Pallet: 90

**Dimensions**

Length: 13.32"  
 Width: 7.82"  
 Height: 7.14"

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